

Clinical Medicine Advances: Bridging Mechanisms, Practice, and Systems

Jixin Zhong *

Division of Rheumatology, Fujian Medical University Union Hospital, Fuzhou, China

* Corresponding author: jixin.zhong@fjmu.edu.cn

CITATION

Zhou J. Clinical Medicine Advances: Bridging Mechanisms, Practice, and Systems. Clinical Medicine Advances. 2026, 1(1): 1–2.
<https://doi.org/10.70737/5k0shb85>

ARTICLE INFO

Received: 12 July 2026

Accepted: 30 July 2026

Available online: 31 July 2026

COPYRIGHT



Copyright © 2026 by author(s).

Clinical Medicine Advances is published by EIVX Publishing, LLC. This work is licensed under the Creative Commons Attribution (CC BY) license.

<https://creativecommons.org/licenses/by/4.0/>

In the past decade, clinical medicine has witnessed a striking acceleration. CAR-T and engineered cell therapies have moved from oncology into autoimmune indications such as systemic lupus erythematosus and idiopathic inflammatory myopathies; next-generation antibody therapeutics, targeted protein degraders, and precision immunomodulators are reshaping both tumor control and immune tolerance. And yet, the translation from mechanistic insight to durable bedside impact remains uneven across disciplines. This gap, between molecular and immunological discovery on one side, and real-world clinical practice on the other, is precisely why *Clinical Medicine Advances* (CMA) was founded.

As a new open-access, quarterly journal published by EIVX, we position CMA at the intersection of mechanism-driven research and real-world clinical impact. We believe that advances in medicine arise not merely from single breakthroughs, but from the convergence of data, disciplines, and collaborative care models.

Our scope is intentionally comprehensive, designed to reflect the complexity of modern clinical practice, including but not limited to:

Internal Medicine Foundations: Cardiology; Gastroenterology & Hepatology; Nephrology & Urology; Endocrinology & Metabolism; Pulmonology & Critical Care; Immunology; Hematology; Oncology.

Neurological and Behavioral Health: Neurology; Psychiatry & Clinical Psychology; Pediatrics & Developmental Medicine; Geriatrics.

Surgical and Procedural Disciplines: Orthopedics; Plastic Surgery; Otolaryngology; Ophthalmology; Obstetrics, Gynecology & Reproductive Medicine; Dermatology.

Molecular and Diagnostic Sciences: Genomics, Proteomics & Molecular Diagnostics; Pathology; Medical Imaging & Radiology; Preclinical & Clinical Pharmacology.

Health Systems and Delivery: Multidisciplinary Team (MDT) Models; Digital Health; Hospital Management.

While we uphold rigorous standards for methodology and statistics, we place equal emphasis on clinical relevance. We welcome original research, systematic reviews, concise communications, and practice-oriented reports, including MDT case analyses and health policy perspectives, which have the potential to reshape how medicine is practiced, assessed, or organized.

As Co-Editor-in-Chief, I am particularly committed to amplifying voices from regions and institutions traditionally underrepresented in the global clinical literature. The future of medicine depends on diverse perspectives, robust data, and collaborative spirit.

Clinical medicine advances not in straight lines, but through convergences—of bench and bedside, of specialties, and of systems. CMA exists to host that convergence. I look forward to reading your contributions.

Conflict of interest: The author declares no conflict of interest.

About the Co-Editor-in-Chief

Jixin Zhong, MD, PhD

Professor and Chief, Division of Rheumatology, Fujian Medical University Union Hospital

Director, Fujian Institute of Clinical Immunology

Dr. Jixin Zhong specializes in the pathogenesis and translational research of autoimmunity and inflammatory diseases. His work focuses on elucidating immune regulatory mechanisms in conditions such as rheumatoid arthritis and systemic lupus erythematosus, with the goal of bridging fundamental immunological discoveries and clinical therapeutics. Dr. Zhong believes that dismantling disciplinary silos and fostering deep dialogue between basic science and clinical practice are essential for advancing precision medicine—a philosophy that underpins the launch of *Clinical Medicine Advances*.